

# DM F/M 2022 – Berlin – Zeitplan

Stand: 13.04.2022



| Donnerstag, 23.06.2022 |        |  |           |   |         |
|------------------------|--------|--|-----------|---|---------|
| Uhrzeit                | Männer |  | Frauen    |   | Uhrzeit |
| 15:00                  |        |  | Kugelstoß | F | 15:00   |

| Freitag, 24.06.2022 |           |   |        |  |         |
|---------------------|-----------|---|--------|--|---------|
| Uhrzeit             | Männer    |   | Frauen |  | Uhrzeit |
| 14:00               | Kugelstoß | F |        |  | 14:00   |

| Samstag, 25.06.2022 |                |    |            |    |         |
|---------------------|----------------|----|------------|----|---------|
| Uhrzeit             | Männer         |    | Frauen     |    | Uhrzeit |
| 10:30               |                |    | Hammerwurf | F  | 10:30   |
| 10:35               | Stabhochsprung | F  |            |    | 10:35   |
| 10:40               |                |    | 1500 m     | HF | 10:40   |
| 11:00               | 1500 m         | HF |            |    | 11:00   |
| 11:20               |                |    | 800 m      | HF | 11:20   |
| 11:35               | 800 m          | HF |            |    | 11:35   |
| 11:55               |                |    | 400 m H    | HF | 11:55   |
| 12:05               | Dreisprung     | F  |            |    | 12:05   |
| 12:10               | 400 m H        | HF |            |    | 12:10   |
| 12:25               | 100 m          | VL |            |    | 12:25   |
| 12:55               |                |    | 100 m      | VL | 12:55   |
| Session-Pause       |                |    |            |    |         |
| 16:00               |                |    | Diskuswurf | F  | 16:00   |
| 16:05               |                |    | Dreisprung | F  | 16:05   |
| 16:10               |                |    | 100 m H    | HF | 16:10   |
| 16:30               | 110 m H        | HF |            |    | 16:30   |
| 16:55               |                |    | 400 m      | HF | 16:55   |
| 17:20               | 100 m          | HF |            |    | 17:20   |
| 17:30               |                |    | Hochsprung | F  | 17:30   |
| 17:35               |                |    | 100 m      | HF | 17:35   |
| 17:50               | 400 m          | HF |            |    | 17:50   |
| 18:05               | Speerwurf      | F  |            |    | 18:05   |
| 18:10               |                |    | 3000 m H   | F  | 18:10   |
| 18:30               |                |    | 100 m H    | F  | 18:30   |
| 18:40               | 110 m H        | F  |            |    | 18:40   |
| 18:50               | 5000 m         | F  |            |    | 18:50   |
| 19:10               | 100 m          | F  |            |    | 19:10   |
| 19:30               |                |    | 100 m      | F  | 19:30   |

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| Sonntag, 26.06.2022  |            |    |                |    |         |
|----------------------|------------|----|----------------|----|---------|
| Uhrzeit              | Männer     |    | Frauen         |    | Uhrzeit |
| 10:00                | Hammerwurf | F  |                |    | 10:00   |
| 10:10                |            |    | 4x100 m        | ZE | 10:10   |
| 10:30                |            |    | Stabhochsprung | F  | 10:30   |
| 10:40                | 4x100 m    | ZE |                |    | 10:40   |
| 11:30                | Weitsprung | F  |                |    | 11:30   |
| 11:40                |            |    | 200 m          | HF | 11:40   |
| 12:10                | 200 m      | HF |                |    | 12:10   |
| <b>Session-Pause</b> |            |    |                |    |         |
| 15:30                | Hochsprung | F  |                |    | 15:30   |
| 15:33                |            |    | Speerwurf      | F  | 15:33   |
| 15:45                |            |    | 800 m          | F  | 15:45   |
| 16:00                | 800 m      | F  |                |    | 16:00   |
| 16:15                | 1500 m     | F  |                |    | 16:15   |
| 16:30                |            |    | 1500 m         | F  | 16:30   |
| 16:53                | 400 m      | F  |                |    | 16:53   |
| 17:00                |            |    | 400 m          | F  | 17:00   |
| 17:08                | 3000 m H   | F  |                |    | 17:08   |
| 17:20                | Diskuswurf | F  |                |    | 17:20   |
| 17:27                |            |    | Weitsprung     | F  | 17:27   |
| 17:35                |            |    | 400 m H        | F  | 17:35   |
| 17:45                | 400 m H    | F  |                |    | 17:45   |
| 18:00                |            |    | 5000 m         | F  | 18:00   |
| 18:23                |            |    | 200 m          | F  | 18:23   |
| 18:45                | 200 m      | F  |                |    | 18:45   |